sunlighten™

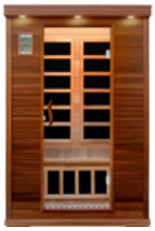
empowering wellness™

Select™ Series

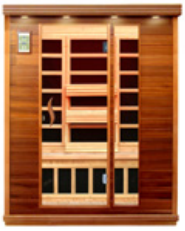
User Manual

Congratulations! You are now the owner of a Sunlighten Sauna.

Are you ready to experience ultimate relaxation and rejuvenation? The unique Sunlighten™ door handle is your entrance to a healthier lifestyle. Just follow our installation and assembly instructions and soon you'll be in Sunlighten Sauna heaven! All saunas should be assembled with at least 2 people to avoid personal injury or damage to the sauna.



SELECT II



SELECT III

SELECT Corner

SELECT Luxury

WARNING:

Do not use this sauna to treat any health problems without consulting with your physician. Sunlighten, Inc. does not provide medical advice, education or treatment. Our information should not be relied on in making decisions about your health. Always consult your physician for medical advice.

QUICK START

Prior to sauna use:

Do not adjust the default time and temperature. The controls will be preset to 60 minutes at 150° F. The temperature will never reach 150° F, but you will get the best sauna experience keeping it set to this temperature before your session. Allow sauna to warm up for 15-20 minutes. Drink plenty of water, at least 8 oz.

During sauna use:

We recommend placing a Sunlighten Spungi® microfiber towel over the bench and backrest to absorb perspiration during your sauna session. Relax and enjoy your sauna experience.

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After sauna use:
Use a clean Sunlighten Spungi® microfiber towel to dry off. Drink plenty of water, at least 8 oz. Take a lukewarm shower to remove sweat and toxins.

Other recommendations:
Start slow. 10-15 minutes in the sauna every day or every other day may be appropriate your first few sessions.

*Listen to your body. Be aware of excessive detoxifying. If you begin to feel symptoms such as nausea, fatigue, or flu like, during your sauna session discontinue use immediately. If these symptoms continue consult your physician.

PRE-INSTALLATION INFORMATION

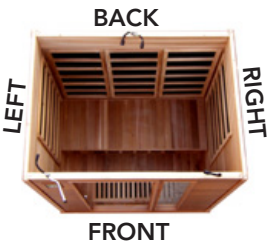
1. **Have a certified electrician install a dedicated outlet for your sauna.**
2. **Remember your sauna should be assembled by 2 or more people.**
3. **Do not place plumbing or plumbing fixtures in the sauna.**
4. **Keep all liquids away from the heating panels and electronics.**
5. **Install sauna on a level surface.**
6. **Install sauna in an area that is dry and protected from the weather.**
7. **Keep Flammable objects and corrosive chemical substances away from the sauna.**

UNPACK YOUR SAUNA

Refer to the parts list as you unpack your sauna to ensure you have all of the parts for installation. We make every effort to ensure that your sauna arrives safely. Double check to ensure that all pieces arrived undamaged in transit. If damage is apparent, please call Sunlighten Customer Service immediately at **1.877.292.0020** ext. **127** or your local Sunlighten representative. Photos of any damage are required to process any replacement request.

Unpack your sauna in a large area free of obstructions. Lay boxes flat on the ground and undo any bands or tape. Once unpacking is complete, proceed to installation instructions.

Each side panel has a white label to identify the side and direction. The panel with **LEFT** label should be placed on the left side as if you were viewing the sauna from the front looking toward the front. The same positioning applies to the **RIGHT** side. Please note that the side of the panels containing the heaters always faces inward.



INSTALLATION of SELECT II, III, Luxury

PARTS LIST

QUANTITY	SELECT II, III, Luxury PARTS
1	Base panel
1	Roof panel (power cord pre attached to roof circuitry)
1	Left side panel
1	Right side panel
1	Back panel
1	Front panel - keypad, hinges and glass door installed
1	Door handle (inside and outside) with 2 screws
1 (Select Luxury has 3)	Top bench
1 (Select Luxury has 3)	Bench support
1	Back Rest
1	Magazine Rack with 2 screws
1	Towel Rack with 2 screws
1	Cup Holder with 3 screws
4	U-Clip (steel)
2	MR 16 Interior Lights

(The following pictures are used for your reference. Please follow the steps even if your sauna is a different model than what is shown.)

1. Locate the base of your sauna and place base in the desired location. Make sure that sauna base is level. If sauna base is not level wood shims are strongly suggested to bring it to a level status. Please keep in mind that the power supply on the **SELECT** comes from the back of the roof. Leave enough room around your sauna to plug in the power cord and for any maintenance once it is assembled. We reommend you leave 2 feet to the sides and top to access the roof panels for maintenance and changing interior light bulbs.

2. Install the back panel onto the base of the sauna. One person will need to hold the back panel while the left side panel is being placed into position.

3. While the rear panel is being held in position, place the left panel into the grooved base and gently raise into position. The magnet system will help to pull the panels together.

3.2

3.2 Place the U shaped piece of stainless steel (U clip) into the groove on top of the panels to hold them together. Once the U steel is installed correctly you can let go of the panels.

4. Place the front panel into the groove on the front of the base. Pay careful attention to the power cords making sure they are safely out of the way.

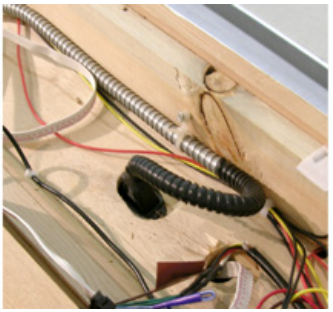
Place U clip steel into grooves on top panels to secure them together.

5. Place the right panel into the grooved base at a slight angle and raise gradually until magnets click into position.

Place U clip into the two remaining grooves on the panels top corners.

6. Install the roof panel on top of the walls. Gently feed the cords from the panels through the closest hole in the roof. Once wires are fed through into the Roof panel, panel should fit snugly on top of walls.

7. Once all power cords are fed into the roof panel make all male to female connections.



8.Install bench support(s) with calf heater(s) and make all connection (as shown) to back panel. Please note: SELECT LUXURY will have slightly different plug configuration due to the placement of the three benches.

9. Install the benches.

10. Align the two handles on either side of the glass door to the holes and screw them together.

11. Mount your accessories (cup holder, towel rack and magazine rack) anywhere in the interior of the sauna.

12. Congratulations! Your sauna should be ready for you to plug in and start using. Please refer to the operating instructions to get started.

INSTALLATION of SELECT (Corner)

PARTS LIST

QUANTITY	SELECT CORNER PARTS
1	Base panel
1	Roof panel (power cord pre attached to roof circuitry)
1	Left front panel
1	Right front panel
1	Left back panel
1	Right back panel
1	Front panel - keypad, hinges and glass door installed
1	Door handle (inside and outside) with 2 screws
2	Top benches
2	Bench supports
1	Back Rest
1	Magazine Rack with 2 screws
1	Towel Rack with 2 screws
1	Cup Holder with 3 screws
5	U-clip (steel)

(The following pictures are used for your reference. Please follow the steps even if your sauna is a different model than what is shown.)

1. Locate the base of your sauna and place base in the desired location. Make sure that sauna base is level. If sauna base is not level wood shims are strongly suggested to bring it to a level status. Please keep in mind that the power supply on the **SELECT** line comes from the roof. Leave yourself enough room to plug your sauna in once it is assembled. We recommend you leave 2 feet to the sides and top to access the roof panels for maintenance and changing interior light bulbs.

2. Place the left back panel onto the base of the sauna. One person will need to hold onto back panel while the right back panel is being placed into position.

3. While the left back panel is being held in position, place the right panel into the grooved base and gently raise into position. The magnet system will help to pull the panels together.

   3.2 Place the U clip into the groove on top of the panels to hold them together. Once the U clip is installed correctly you can let go of the panels.

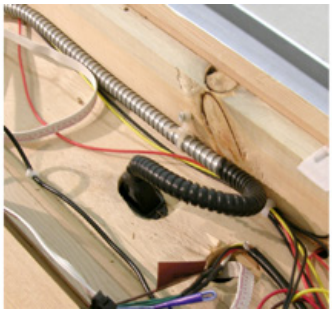
4. Install front panel by placing it, as shown below, into the groove at the front of the base. Have someone hold the front panel in place while right side panel is being installed.

5. Side panels (left & right)

Attach the right side panel to the front and back panel at the same time. The magnet system will help to pull the panels together. Place U clips into grooves on top panels to secure them together. Repeat the same instructions to attach the left side panel.

6. Install the roof panel on top of the walls. Gently feed the cords from the wall panels through the closest hole in the roof. Repeat the process for the back panel. Once wires are fed through into the roof panel, panel should fit snugly on top of walls.

7. Make all connections in roof. Male to female.



8. Install bench supports with calf heaters and make all connections as shown to back panel. Once bench supports are in place and power connections made install top benches.

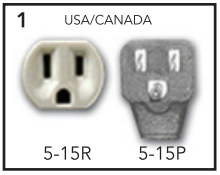
9. Install the benches.

10. Align the two handles on either side of the glass door to the holes and screw them together.

11. Congratulations! Your sauna should be ready for you to plug in and start using. Please refer to the operating instructions to get started.

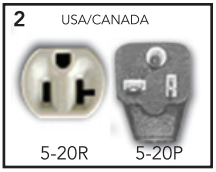
Sunlighten SPECIFICATIONS:

Item	SELECT II
Dimensions (Width x Depth x Height)	48.1 in x 41.4 in x 75.6 in
Power	120v, 1600w, 13a **(15A outlet)** Europe: 240v, 1600w, 6.5a



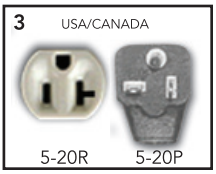
DEDICATED 120V 15A CIRCUIT AND OUTLET REQUIRED. SEE IMAGE 1 FOR REFERENCE

Item	SELECT III
Dimensions (Width x Depth x Height)	60.0 in x 45.3 in x 75.6 in
Power	120v, 2225w, 18a **(20A outlet)** Europe: 240v, 2225w, 9a



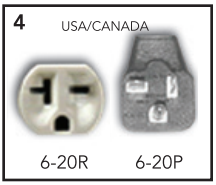
DEDICATED 120V 20A CIRCUIT AND OUTLET REQUIRED. SEE IMAGE 2 FOR REFERENCE

Item	SELECT Corner
Dimensions (Back x Corner x Front x Height)	61.0 in x 36.0 in x 35.5 in x 75.6 in
Power	120v, 2280w, 19a **(20A outlet)** Europe: 240v, 2280w, 9.5a



DEDICATED 120V 20A CIRCUIT AND OUTLET REQUIRED. SEE IMAGE 3 FOR REFERENCE

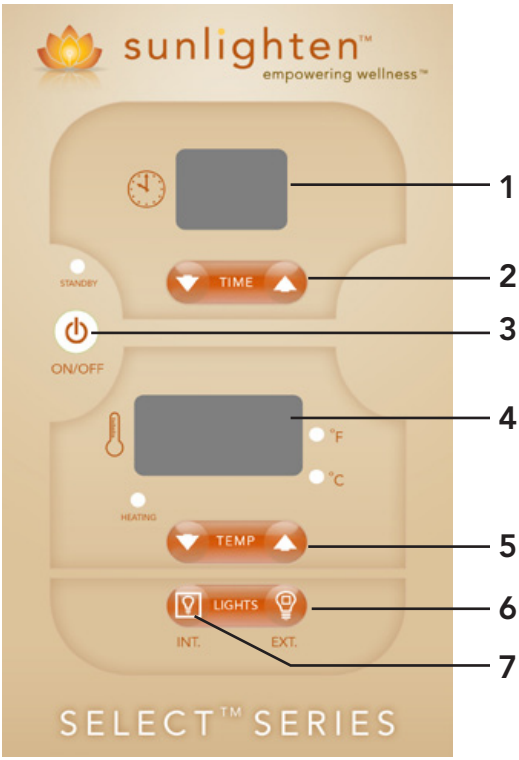
Item	SELECT Luxury
Dimensions (Width x Depth x Height)	75.0 in x 49.3 in x 75.6 in
Power	240v, 2790w, 12a **(20A outlet)**



DEDICATED 240V 20A CIRCUIT AND OUTLET REQUIRED. SEE IMAGE 4 FOR REFERENCE

WARNING:

1. If the temperature becomes unbearable, decrease the temperature or shutoff the sauna immediately.
2. Do not use if pregnant or have serious inflammation, a fever, a communicable disease, acute bleeding, or intoxicated. See contraindications on sunlightsaunas.com.
3. Consult physician prior to use.
4. Do not consume alcohol or drugs when using the sauna.
5. Do not splash water on the heaters or any component inside the sauna.
6. Do not bring wet towels into your sauna or any substances that could harm the interior of your sauna.
7. Do not install a lock on your sauna.
8. Do not install your sauna outdoors without an authorized cover from Sunlighten.
9. Consult your doctor before using the sauna for more than (30) thirty minutes a day.
10. All repairs need to be authorized by a Sunlighten representative.



NUMBER	FUNCTION
1	Time Display
2	Time Control
3	Power
4	Temperature Display
5	Temperature Control
6	Exterior Light
7	Interior Light

OPERATING INSTRUCTIONS

1. Plug in sauna.
2. Press the On/Off button to turn on your sauna.
3. Top Display: Press arrow Up or Down to set desired session time (sauna heaters will automatically turn off when time has reached 0).
4. Bottom Display: Press arrow Up or Down to set desired temperature.

Note: Press both temperature arrows simultaneously to change from celsius to fahrenheit. After 5 seconds the display will show actual interior temperature.

5. Press outside button to turn On/Off exterior lights.
6. Press inside button to turn On/Off interior lights.
7. CD Player: You must independently turn the CD Player on or off. **It is not connected to the main power.** Please refer to the instruction manual that is enclosed in your packaging on how to use CD Player.

WARRANTY

USA and Canada Residential Use Warranty:

Lifetime on cabinetry, electrical and heaters.*

USA and Canada Commercial Use Warranty:

5 years on cabinetry, electrical and heaters.

Outside USA and Canada Warranty:

Please check with your local Sunlighten representative.

Xuzhou Sinosauna Equipment Co., Ltd. warrants Sunlighten to be free of defects in material and workmanship.

This warranty extends only to the original retail or wholesale purchaser of the sauna and terminated upon transfer of ownership. The sauna must be purchased and used within one year of the manufactured date.*Freight charges to and from the customer are the responsibility of the customer. This includes freight charges for parts shipped to enable the services of the sauna.

This warranty is void if the sauna has been altered, misused, abused or exposed to water. Such instances shall include operation or maintenance of the sauna in deviation to the published instructions. The warranty extends only to the manufacturing defects and does not cover the damages resulting from mishandling of the product by the owner.

Sunlighten Corp. shall not be liable for the loss of use of the sauna or other incidental or consequential damages. Under no circumstances shall Sunlighten Corp. or any of its representatives be held liable for injury to any persons or damages to any properties. Specifications are subject to change without notice.

ATTENTION: Shipping damage must be notated on the Bill of Lading (BOL). Sunlighten must be notified of any damage to your sauna within two (2) business days of signing the BOL. Failure to notify Sunlighten within the established time frame will result in the owner taking full responsibility for cost of ALL REPLACEMENT PARTS including shipping and handling fees.

SHIPPING & HANDLING FEE

All cancelled or returned goods shall be subject to shipping costs (to and from) and handling fees in the event buyer cancels buyer's order after three (3) business days of such order being placed with seller.

ETL AND ETL-C SAFETY CERTIFIED

Electrical Testing Laboratories (ETL) was founded in 1896 by Thomas Edison, and is one of the oldest product safety testing laboratories in the world. Certification by ETL and ETL-C assures you that all Select models have been tested to meet both US and Canadian safety and performance standards. For your information, the control number is 3124136.

SAFETY CERTIFIED

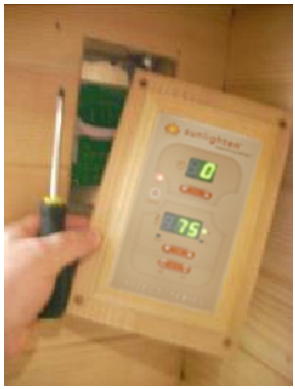
3124136

RoHS CE

SAUNA KEYPAD INSTALLATION

Please read this installation guide all the way through before you begin.

First unplug the sauna from the electrical supply. You will be removing the keypads from the inside of the sauna. The frame around the inside keypad has four screws on it. Begin by removing these four screws with a Phillips screwdriver. You will notice we shipped the two keypads as a single part, the control panel (keypads, computer logic circuits, and thermocouple style temperature sensor). The inside keypad is strictly and extension of the outside keypad, there are no active components on it.



The keypads are connected together by a ribbon cable. The outside keypad has the thermocouple type thermometer attached as well as the ribbon cable which goes to the roof and attaches the control panel to the electrical box. Use a Phillips screwdriver the remove the thermocouple bracket (2 screws) and free the old thermocouple.

The inside and outside keypad circuit boards are attached to their respective face plates using four small nuts. Remove these nuts using a 6mm nut driver. Once you have removed the two circuit boards, set them aside. Finally reverse the process to reassemble with the new keypads. Plug the sauna back in and check all the functions on the keypads.

One additional tip regarding the mounting of the keypads: The circuit boards are clamped between four sets of the 6mm nuts. Once the outside (or top) four nuts are removed, along with the circuit board, the inside (or bottom) nuts can be adjusted up and down. The height of the inside nuts determined the gap between the circuit board with the switches mounted on it and the membrane over the faceplate which you press against to actuate the switches. It the gap is too small, a switch will press against the membrane, actuating the switch all the time and confusing the operation of the keypad. If the gap is too large, you will have to press too hard to actuate one or more of the switches or they will not work at all. If you can not feel the operation of one or more switches and they don't seem to be working correctly, try inspecting this gap and adjusting it with the four nuts between the circuit board and the faceplate.

Be sure to contact us if you have any questions about changing or adjusting the keypads.

FREQUENTLY ASKED QUESTIONS

Why is the handle shaped like an "S"?

The unique Sunlighten door handle is your entrance to a healthier lifestyle. The "S" shaped handle represents the "S" in Sunlighten™ and our focus on *SUPERIOR* quality, design, and technology.

How long can I use it for each day?
We suggest using up to 30 minutes per day. It makes no difference whether you use during the day or at night.

What micron does the heater put out?
The sauna puts out a micron range of 4 - 20 microns.

What is the best temperature to use my sauna?
We recommend starting at a lower temperature of 100° F and increasing temperature gradually in later sessions, if you still feel comfortable. Every has different preferences and tolerances for heat. The most important thing is to listen to your body.

What is the heater made of?
The heater is made of organic black carbon that is first cut into pliable sheets. Then electrical heater wiring is added.

How much will the sauna cost me to run a month?
The sauna runs on the same wattage as a blow dryer and will cost very little to run monthly.

If I do use it everyday, what else do I have to do?
Just drink plenty of fluids to replace the ones you will be loosing with everyday usage. If you like, take a warm shower to help accelerate the sweat glands opening to be even more refreshed afterward.

Why do the lights not work? Where do I plug them in?

The slide hatch on the outside located on the roof in the front left corner has all the plugs for the inside lights, outside lights, speaker connections, and the antenna. If the slide hatch is making contact with the plug for the inside light, open, adjust the plug, and close to fix the problem.

What is the wattage, voltage, and amps of my sauna?

All of the wattage should be available online and in the literature often available at shows. The wattages are as follows:

SELECT II: 120v, 1600w, 13a **(15A outlet)**
240v, 1600w, 6.5a
SELECT III: 120v, 2225w, 18a **(20A outlet)**
240v, 2225w, 9a
SELECT Corner: 120v, 2280w,19a **(20A outlet)**
240v, 2280w, 9.5a
SELECT Luxury: 240v, 2790w, 12a **(20A outlet)**

Also most saunas in the US will be 120 volt and outside the US 240 volt.

How long does it take for my sauna to warm up?

Set the temperature controls to 60 minutes and 150° F. Allow the sauna to warm up for 15 - 20 minutes at which time it should be approximately 100° F. If placed outside, the sauna may require additional time to warm up, depending upon weather conditions. If you prefer the sauna hotter, let it warm up longer. Drink plenty of water, at least 8 oz.

Can I use the sauna everyday?

Yes. We suggest drinking increased amounts of water to keep yourself hydrated. As long as you feel fine, use the sauna daily and enjoy.

How do I clean the sauna?

Wipe the inside with a damp cloth. A dust cloth will do for the outside. We do not recommend using chemical cleaners on your sauna. Using Spungi™ towels on a regular basis will keep the sauna clean.

Can I place my sauna outdoors?

Yes, if you protect it with a Sunlighten canvas cover. If you place your sauna outdoors without an authorized Sunlighten cover your warranty will be void.

I received my sauna, but I have not received the cover yet, can I place the sauna outside?

NO, do not install your sauna outdoors prior to receiving your cover. Doing so will void the warranty!

How much room is required around my sauna for set up and maintenance?

We recommend 12 inches of clearance around the back and sides of the sauna to access plugs and for general maintenance.

Why do you recommend using Spungi™ microfiber towels?

Placing Spungi™ towels will make your sauna experience more comfortable and prevent sweat from staining the sauna. Regular Spungi™ usage keeps the sauna clean. Use them on the benches and backrests for optimum comfort and cleanliness.

Order Sunlighten Spungi™ towels online at www.sunlightdayspa.com or contact your far infrared specialist for assistance.

Serial Number: _____

Date of Purchase: _____

NOTES:

www.sunlighten.com

US/CAN 7373 W. 107th St., Overland Park, KS 66212

phone 913.754.0831 fax 775.514.4314 **toll-free 877.292.0020**

INTERNATIONAL: cs@sunlighten.com or contact your local Sunlighten representative

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